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(54) Title: **DEVICE FOR THE ATTACHMENT OF FREE WEIGHTS TO A LEG**

(57) Abstract: The present invention is directed to an apparatus for exercising with free weights and more specifically a leg attachment apparatus for exercising the leg with free weights. The device, which is removably attachable to a user's leg, allows the leg to perform a considerable assortment of exercises using free weights which are securely held by the device.

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